

OBJECTIVE

A passionate and dedicated mental health professional with over 6 years and 5 months of experience in addiction counseling, project coordination, and psychological awareness programs. Currently pursuing M.A. in Psychology (External, 3rd Semester), with a strong commitment to becoming a skilled psychologist. I aim to utilize my expertise in counseling, leadership, and program management to promote mental well-being and drive social transformation.

SKILLS

- Leadership & Coordination:-Team management, task scheduling, planning, and reporting
- Communication :- Public speaking, motivational sessions, and interpersonal counseling
- Counseling :- Addiction therapy, stress management, relapse prevention
- Technical Skills:- GTechnical SkillsGoogle Tools, MS Word, Excel, PowerPoint, Online Reportingoogle Tools, MS Word, Excel, PowerPoint, Online Reporting
- Networking: Collaborating with PHCs, NGOs, and government departments

PSYCHOLOGY & TRAINING

Trained in Psychological Case History Taking and Behavioral Assessment.

Conduct REBT (Rational Emotive Behavior Therapy) and Stress Management workshops for students, teachers, and counselors.

Regularly organize sessions on mental health awareness, emotional intelligence, and self-care.

Actively developing clinical and applied

Shoyab Moulali Shaikh

- Khori Galli, Ambajogai Road, Latur
- **** 8888454023
- sshoyab004@gmail.com

in https://www.linkedin.com/in/shoyab-shaikh-087a141b5?utm_source =share&utm_campaign=share_via&utm_content=profile&utm_medium= android_app

EXPERIENCE

→ 05/25 - Currently

Navodaya De-addiction Centre, Andur (Under Swar Sanstha & Hello Medical Foundation)

Project Coordinator

Leading the Navodaya Project, managing all planning, implementation, and reporting activities.

Conducting and coordinating mental health awareness and addiction prevention workshops in communities, schools, and health centers.

Guided Asha workers, government officers, students, and teachers through workshops on stress management and mental health.

Managing a professional team, setting schedules, and ensuring structured reporting using Google tools, Excel, and digital systems.

Focusing on innovative approaches to awareness and community engagement.

→ 06/22 - 04/25

Sawali Centre for Mental Health and Research, Latur

Counselor

Conducted individual and group counseling for people struggling with addiction and mental health issues.

Designed and executed community awareness campaigns for emotional wellness.

Helped clients with relapse prevention and rehabilitation planning.

→ 07/19 - 05/22

Sankalp Youth Foundation, Solapur

Coordinator

Worked for the "Prerana" project focused on HIV awareness and prevention.

psychology expertise for future professional practice.

STRENGTH

Empathetic listener and patient counselor

Skilled in both fieldwork and documentation

Strong sense of social responsibility and purpose

Ability to connect deeply with diverse communities

Monitored and evaluated the effectiveness of outreach programs.

Built partnerships with healthcare and NGO stakeholders to enhance community reach.

EDUCATION

✓ 2025

S.R.T.M. University, Nanded

Pursuing M.A. Psychology (External, 3rd Semester)

✓ 2019

Walchand College, Solapur

M.S.W. (Master of Social Work) 63%

✓ 2017

Mahatma Basweshwar College, Latur

B.S.W. (Bachelor of Social Work) 60%

✓ 2013

Dayanand College, Latur

H.S.C.

73%