

Rajat Yadav

PROFESSIONAL BIO

Psychology professional trained in counseling, de-addiction support, and psychological assessments. Experienced in working with adolescents and young adults across institutional and clinical settings. Dedicated to fostering resilience and recovery through empathetic guidance and evidence-based practices.

SKILLS & ABILITIES

- Psychological Assessment (MSE, Case History)
- Motivational interviewing
- Research & Data Analysis
- Psychoeducation & Mental Health Awareness
- Content Creation

EXAMS QUALIFIED

📖 UGC-NET Psychology Qualified (Dec 2024) – Eligible for Ph.D. Admission

📖 GATE-XH Psychology AIR 480 (Feb 2023)

CONTACT INFORMATION

📍 B-372, Mohan Garden, New Delhi - 110059

✉️ rajatofficial7@gmail.com

☎️ +91-7668893207

CAREER SUMMARY

Intern

Muni International School | Jul 2025

- Conducted psychological assessments.
- Conducted life skills session.

Clinical Psychology Intern

Dr. Ram Manohar Lohia Hospital (PGIMER) | May 2024 - Jul 2024

- Conducted psychological assessments and clinical interviews.
- Assisted in psychoeducation and mental health awareness programs.

Intern - Counseling Service

IIT Kanpur | Jun 2024 - Aug 2024

- Created mental health content for students.
- Assisted in outreach initiatives.

Intern

Happitude Studio/ Mar 2021 - Jun 2021

- Created content for blogs, newsletters, and social media.
- Observed counseling sessions and case discussions.
- Conducted research on psychological topics.

SCHOOLS ATTENDED

National Institute of Social Defence | Jul-Oct 2025

3 Month Course on Drug De-addiction, Counselling Skills, Treatment and Rehabilitation

Jamia Millia Islamia | 2024 - 2025

Post Graduate Diploma in Guidance & Counseling (PGDGC) (Result awaited)

Netaji Subhas University of Technology | 2023 - 2025

M.A. Applied Psychology

Indira Gandhi National Open University | 2020 - 2023

B.A. (Hons) Psychology