

Date: 26/10/2025

To,
The Leadership Team,
Samarpan Recovery Centre,
441, Song of Life Road,
Urawade, Mulshi – 412 115

Subject: Application for the Post of Psychiatrist

Hello,

I am writing to express my keen interest in joining Samarpan Recovery & Rehabilitation Centre as a Psychiatrist. I am an MD in Psychiatry from the All India Institute of Medical Sciences (AIIMS), Bhubaneswar, and have completed senior residencies at NIMHANS, Bengaluru and BARC Hospital, Mumbai.

During my postgraduate training at AIIMS Bhubaneswar, I was part of the Drug De-addiction Programme (DDAP) of the Government of India, which also operated as an Opioid Substitution Therapy (OST) centre under the NACO programme. This experience provided me with comprehensive clinical exposure to the assessment and management of substance use disorders, including motivational interviewing, relapse prevention, and psychosocial rehabilitation. At NIMHANS, I further strengthened these skills through training in Cognitive Behavioural Therapy (CBT), Dialectical Behavioural Therapy (DBT), and Motivational Interviewing (ECHO module by William Miller), along with work in the Psychiatric Rehabilitation Services.

I am particularly inspired by Samarpan's philosophy of integrating evidence-based clinical interventions with complementary therapies such as yoga, mindfulness, and fitness-based rehabilitation. My clinical approach is rooted in the biopsychosocial and recovery model, with a focus on long-term well-being, family engagement, and sustained relapse prevention. I have also led multidisciplinary teams and conducted psychoeducational sessions for patients and caregivers in both hospital and community-based settings.

I believe my clinical background, psychotherapeutic training, and experience in both hospital-based and community rehabilitation aligns closely with Samarpan's mission of providing personalised, compassionate, and sustainable recovery. It would be a privilege to contribute to your team's ongoing work in advancing holistic addiction treatment.

I would be happy to discuss in detail how my skills and experience can contribute to Samarpan's vision.

Regards,

Dr. Advait Dixit
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