

NAMRATA KANAL

Psychologist (Clinical)

Mumbai, India

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Profile Summary

Postgraduate in Applied Psychology with hands-on experience in research design, data collection, psychometric assessments, and report writing across rehabilitation, psychiatric, and palliative care settings. Experienced in literature reviews, quantitative and qualitative analysis, and academic writing. Exposure to developmental disorders, including Autism Spectrum Disorder, through clinical internships. Skilled in coordinating with multidisciplinary teams, creating educational materials, and managing data in compliance with ethical standards.

Education

University of Mumbai — 2023–2025

MA in Applied Psychology

Jai Hind College — 2020–2023

B.A. in Psychology and Political Science, GPA: 9.5 / 10

Jai Hind College — 2018–2020

HSC, 85.6%

Swami Vivekanand High School — 2018

SSC, 90.80%

Work Experience

Student Intern at Sukoon Nilaya Palliative Care NGO, Mumbai — June 2025

- Conducted and documented structured interviews for patient case histories.
- Administered standardized psychometric tools, recorded scores, and prepared analytical summaries.
- Ensured compliance with confidentiality protocols during data handling.
- Led group activities

Student Intern at Regional Mental Hospital, Thane — October 2024 – November 2024

- Built rapport and took case histories
- Conducted psychometric assessment
- Prepared comprehensive case reports

Observer Intern at Child Rehabilitation Centre, Mumbai — May 2024 – June 2024

- Observed therapy sessions and developmental assessments for children with ASD and other developmental disorders.
- Documented observational data and assisted in organizing case files for research purposes.

Content Writer (Remote Internship) at PsychNerv — June 2023 – July 2023

- Created mental health content
- Contributed to educational and awareness materials

Academic Research Project – University of Mumbai

- Designed and conducted research on intergroup anxiety as a mediator between contact and attitudes toward people with disabilities.
- Performed literature review, hypothesis formulation, survey design, data collection, and statistical analysis using [R/SPSS if applicable].
- Drafted a manuscript in APA format with the aim for peer-reviewed publication.

Skills

- Academic Research
- Psychological Assessment
- Report Writing

- MS Word
 - Creative Writing
 - Multilingual (English, Hindi, Marathi, Sindhi)
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