



Sakshi Patil

Psychologist

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I am seeking a dynamic role in psychology to enhance individual and community well-being through evidence-based practices. Committed to continuous growth, I aim to refine my clinical skills while making a meaningful impact on client's lives.

EDUCATION

ICRI- INSTITUTE OF CLINICAL RESEARCH **2022-2024**
Master of Arts in Clinical Psychology **67%**

KES SHROFF COLLEGE **2019-2022**
Bachelor of Arts in Psychology **CGPI 9.83**

CO-CURRICULAR

- **Dissertation** **06/2024**
 - Exploring the interplay of attachment style, conflict resolution style and relationship satisfaction among romantic couples.
- **Career counseling** **04/2024**
 - Conducted career counseling sessions for clients, providing guidance on academic and professional pathways.
- **Workshop** **04/2024**
 - Conducted a workshop on Stress management at Uttan Police Station
- **Therapy** **03/2024**
 - Conducted a therapy session with a client.
- **Mental Health Day** **10/2023**
 - Volunteer in Mental health day

EXPERIENCE

BUTTERFLY LEARNINGS **11/2024-7/2025**

- **Behavior and Remedial Therapist**
 - Conducted ABA therapy on children dealing with developmental delays.
 - Designed and implemented individualized behavioural intervention plans (BIPs) and remedial education strategies tailored to each client's cognitive, emotional, and developmental needs.
 - Conducted assessments to evaluate behavioural patterns, learning challenges, and skill gaps using tools such as ABC charts, functional behaviour assessments, and academic baselines.
 - Delivered one-on-one and small group therapy sessions focusing on behaviour modification, academic remediation, and social-emotional development.
 - Applied evidence-based practices including Applied Behaviour Analysis (ABA), Cognitive Behavioural Therapy (CBT) techniques, and multisensory teaching approaches.
 - Collaborated with parents, educators, and multidisciplinary teams to support generalization of therapeutic goals across home and school settings.
 - Monitored client progress through data collection, progress reports, and regular plan reviews to refine interventions for optimal outcomes.
 - Provided parent training and school consultations to ensure consistency in behaviour management strategies and support systems.

CHHATRAPATI SHIVAJI MAHARAJ HOSPITAL & RAJIV GANDHI MEDICAL COLLEGE **06/2023-09/2023**

- **Psychology Intern**
 - Perceived clinical assessment and therapy session under supervision of licensed psychiatrists.
 - Conducted a range of psychological assessment over the appointed patients.
 - Compiled comprehensive case records for patients presenting with psychological issues.

NATIONAL SOCIETY FOR EQUAL OPPORTUNITIES FOR THE HANDICAPPED(NASEOH) **09/2022-12/2022**

- **Junior Intern**

- Administered Mental Status Examination (MSE) to individuals with disabilities.
- Evaluated cognitive, emotional and behavioral functioning during MSE sessions.
- Assessed both physical and mental aspects of individuals disabilities

IRDI STUDIO

07/2022-07/2022

- **Intern**

- Provided career counseling services to enhance children's educational development.
- Utilized student assessment techniques to aid academic progress in children.

SKILL SET

- | | | | |
|---|--------------------------------|---------------------------|------------------|
| • Clinical assessment and therapy | • Psychological testing | • Observation | • Empathy |
| • Mental Status Examinations (MSE) | • Adaptive | • Binet Kamat test | |
| • ABA therapy | | | |

CERTIFICATES

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|---|----------------|
| • YOUNITY - Concepts and tools of psychological and career counseling | 08/2021 |
| • MYCAPTAIN - Competency certificate from my captain's psychology course | 10/2021 |